

# BOULEVARD THERAPY

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## Insurance Verification

**Before your first visit, please check your insurance coverage and benefits for behavioral health services. Please remember a verification of benefits does not mean guarantee of payment.**

On the back of your card you will find a phone number for members (or use the online tool). There may be a separate phone number for behavioral/mental health benefits.

Questions to ask for individual and couple (family w/patient present) sessions:

1. Do my benefits cover outpatient behavioral health services (90837 or 90834 or 90847) in an office setting?

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2. Are behavioral health benefits carved out to another company (Third party) and if so, which company and their billing address?

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3. Do I have a deductible? If so, how much? And, how much has been met?

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4. Do I have a co-pay or co-insurance? If so, how much can I expect to pay?

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5. Is my therapist contracted on your panel? If not, what are my out of network benefits?

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6. Do I need an authorization? If so, what is the number and how many sessions does it cover?

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\*Verification of benefits does not guarantee payment. You will be responsible for unpaid/denied insurance claims.

\*\*Insurance does not cover missed sessions. You will be responsible for all missed appointments and cancellations without 24 hour notice at our full rate.